If you ever feel sad and blue, and need someone to talk to, you’d need someone to lend an ear, who’d let you talk – who’d want to hear.

Even if it was really hard to say, they’d never turn you away. No matter what you had to tell, they’d stay calm – they wouldn’t yell.

They’d be there to help you out, they’d stand by you without a doubt. It is a big person’s job to keep your body safe and sound.

so if you ever need a helping hand to come around
Who would you tell? Who would it be? Who is in your circle of body safety?

Let’s talk about who you could trust to help you if you ever needed help keeping your body safe.

Together, write their names, and/or draw their faces in the circles.